



**News from the Shelby County Mayor's Office**

**Mark H. Luttrell, Jr., Mayor**

**11<sup>th</sup> Floor, 160 North Main, Memphis, Tennessee 38103**

All news releases can be seen at [www.shelbycountyttn.gov](http://www.shelbycountyttn.gov) in the County News Listing

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**September 22, 2014**

**Mayor Luttrell Continues *Family Life Series***

Shelby County Mayor Mark H. Luttrell, Jr.'s, *Family Life Series* continues next week in southwest Memphis at Washington Chapel C.M.E. Church, 68 E. Mitchell Road.

**"These meetings will acquaint citizens with important resources provided by Shelby County Government,"** said Mayor Luttrell.

**"Our goal at Washington Chapel C.M.E. Church is to partner with Shelby County Government to promote a healthier lifestyle to our congregation and our community,"** said Pam Williams, program chairperson.

The four-week series will be presented on Wednesdays at 6:30 p.m.:

- **October 1<sup>st</sup>** – The Effects of Obesity - Shelby County Health Department
- **October 8<sup>th</sup>** – Obesity & the Linkage to Family History - Shelby County Government in partnership with the Church Health Center
- **October 15<sup>th</sup>** – Healthy Cooking & Lifestyles - Shelby County Health Department in partnership with UT Extension
- **October 22<sup>nd</sup>** – Exercise & Movement - Shelby County Health Department

Mayor Luttrell's *Family Life Series* is available to any faith-based organization or community group. To schedule the series, call the Shelby County Public Affairs Office at (901) 222-2322.

**(End of Release)**